








SAMPLE WEEKLY ACTIVITY CALENDAR




SUNDAY

- † 10:20 a.m. Transportation to Worship Services
-  1:30 p.m. Mexican Train Dominoes
-  3:00 p.m. Rummikub

MONDAY

-  9:30 a.m. Search a Word Puzzles
-  9:45 a.m. Movie/TV Series Viewing
-  11:00 a.m. Exercise Classes
-  1:30 p.m. Jeopardy Trivia
-  3:00 p.m. Rummikub





TUESDAY

- † 10:00 a.m. Devotionals & Music Devotionals
-  11:00 a.m. Yoga with Lisa
-  1:30 p.m. 500 Rummy Card Game
-  3:00 p.m. Poker







WEDNESDAY

-  9:45 a.m. Movie/TV Series Viewing
- † 11:00 a.m. Ministry with Paul
-  1:30 p.m. Shopping & Personal Errands
-  1:45 p.m. Bingo
-  3:15 p.m. Wine Down Wednesday





THURSDAY

-  10:00 a.m. Book Club & Discussion
-  11:00 a.m. Arm Chair Yoga with Lisa
-  1:30 p.m. Social Outing
-  3:00 p.m. Monthly Birthday Party

FRIDAY

-  9:00 a.m. Personal Errand Transportation
-  9:30 a.m. Sausage & Biscuits, Coffee and Fellowship
-  11:00 a.m. Balance/Exercise Class
-  11:30 a.m. Lunch Outing
-  1:30 p.m. Bingo
-  3:00 p.m. Sweet Treats on the Patio

SATURDAY

-  11:00 a.m. Exercise
-  1:15 p.m. Bingo
-  2:30 p.m. Rummikub
-  4:00 p.m. Guess the Phrase Game

