



June 2018

Vernon Woods Retirement Community "Fit For You®" Calendar (DDS-5/24/2018)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Nail Care by Christian Monday June 25th By appointment!</p> <hr/> <p>Bible Study Info 5/7 Marsha Thacker 5/20 Paul Blair 5/24 Denise</p>	<p>Activity Contact Info Life Enrichment Director's (Team Siersma & Stewart)</p> <p>Linda Siersma 706-812-2802</p> <p>Denise Dixon Stewart 706-298-5551</p>	<p>Walk To End Alzheimer's Fundraiser Friday's (June-September)</p> <p>-----</p> <p>\$ 1 Ice Cream Sandwich or Bar \$2 Sundae \$2 Memory Mocha \$3 Banana Split \$3 Milkshake \$1 Cup of Coffee</p>	<p>Intercessory Prayer Group Meets every Tuesday at 4:00 in our Peace Chapel that is located on the 2nd floor in Vernon Crest and is across from Apt # 217. Peace Chapel is a very quiet area and anyone is welcome there at any time!</p>		<p>1 9:30 Coffee & Biscuit 10:30 Farkle</p> <p>2:00 WTEA Fundraiser Friday Ice Cream & Memorable Moments 3:30 Craft Time (Helping Debbie)</p>	<p>2 10:00 Coffee & Snack 2:00 DIY Game Time</p> <p>1:00 Outing! "Hope for Karen" Benefit Concert & Dessert Social</p> <p>6:30 Moments w/ Mike</p>
<p>3 8:30 – 12:30 Church Transportation 1:30 Cold Sassy Tree Theater Time</p> <p>4:00 Short Stories W/Linda</p>	<p>4 9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 2:00 Matter of Balance (Informational Talk) 4:00 Cuddle Buddies</p>	<p>5 9:30 Coffee & Current Events 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Belk Shopping 2:00 Tai Chi 4:00 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>6 9:30 Coffee Talk 10:00 ALL Shopping 10:30 Lumosity 11:15 Use Your Noodle 1:00 Paint4Fun w/ Denise 2:00 Community Bingo 3:00 Farkle</p>	<p>7 9:30 Coffee Talk 10:00 BP Check 2:00 Tai Chi 2:30 Beginner's Fitness 3:00 Bible Study w/ Marsha Thacker (Study-Daniel)</p>	<p>8 9:30 Coffee & Biscuit 10:00 Kerry King (Singing) 2:00 WTEA Fundraiser Friday Ice Cream & Memorable Moments</p>	<p>9 10:00 Coffee & Snack</p> <p>10:45 Outing! LaGrange Boardgame</p> <p>2:00 DIY Game Time</p>
<p>10 8:30 – 12:30 Church Transportation</p>	<p>11 9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 1:30-3:30 Matter of Balance! (Week #1)</p>	<p>12 9:30 Coffee & Current Events 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 4:00 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>13 Scheduled Massages 9:30 Coffee Talk 10:00 ALL Shopping 11:15 Use Your Noodle 1:00 Painting w/ Linda 2:00 Community Bingo 3:00 Farkle</p>	<p>14 Flag Day 9:30 Coffee Talk 10:00 BP Check 11:30 TLC Luncheon 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Interact Kids 3-6 Alzheimer Event</p>	<p>15 9:30 Coffee & Biscuit 10:30 Farkle 2:00 WTEA Fundraiser Friday Ice Cream & Memorable Moments 3:30 Drumming w/ Amy</p>	<p>16 Celebrating Dad's 10:00-12:00 Car Show (VC Parking Lot) 10:00 Banjo Playing by Lee Marcus 3:00 Brewery Tour 6:30 Moments w/ Mike</p>
<p>17 Happy Father's Day! We love & Appreciate You!!!</p> <p>8:30 – 12:30 Church Transportation</p>	<p>18 9:30 Coffee Talk 10:00 Yoga 11:00 Rummikub 1:30-3:30 Matter of Balance! (Week #2) 4:00 Cuddle Buddies</p>	<p>19 9:30 Coffee & Current Events 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Wine & Cheese Social w/ Kathy Howard 4:00 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>20 9:30 Coffee Talk 10:00 ALL Shopping 10:00 Bible Study w/ Paul (Study-Esther) 11:15 Use Your Noodle 2:00 Community Bingo 3:00 Farkle</p>	<p>21 9:30 Coffee Talk 10:00 BP Check 11:15 Merry Makers 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room</p>	<p>22 9:30 Coffee & Biscuit 10:30 Farkle</p> <p>2:00 WTEA Fundraiser Friday Ice Cream & Memorable Moments 3:00 Genealogy Presentation</p>	<p>23 10:00 Coffee & Snack 2:00 DIY Game Time</p> <p>2:00 Attention: Ladies! Mary Kay Beauty Experience w/ Stephanie (Conference Room)</p>
<p>24 8:30 – 12:30 Church Transportation</p> <p>4:00 Deep Calls to Deep Bible Study w/ Denise</p>	<p>25 9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 1:30-3:30 Matter of Balance! (Week #3)</p>	<p>26 9:30 Coffee & Current Events 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 4:00 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>27 9:30 Coffee Talk 10:00 ALL Shopping 11:15 Use Your Noodle 1:15 Monthly B-day Celebration 2:00 Community Bingo 3:00 Farkle</p>	<p>28 9:30 Coffee Talk 10:00 BP Check 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room</p>	<p>29 9:30 Coffee & Biscuit 10:30 Farkle 2:00 WTEA Fundraiser Friday 5:30 Sweet Land Red, White & Blue Meet & Greet</p>	<p>30 10:00 Coffee & Snack 2:00 DIY Game Time</p> <p>6:30 Moments w/ Mike</p>

Come to Life @ Vernon Woods!

www.vernonwoods.com

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