






Vernon Woods Retirement Community "Fit For You[®]" April 2018 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Activity Contact Info</p> <p>Linda Siersma Life Enrichment Director (706) 812-2802</p> <hr/> <p>Denise Dixon Stewart Life Enrichment Director (706) 298-5551</p>	<p>All Exercise is held on Vernon Terrace 2nd Floor</p> <hr/> <p>Reading Room is held in the VC Quiet Room</p>	<p>Intercessory Prayer Tuesdays @ 4:15</p> <p>Peace Chapel (across from # 217) VC 2nd Floor</p> 				<p>Upcoming Info... Vacation Weekend Away Info Coming in May!!!</p> <hr/> <p>Bake Sale & Car Wash Saturday May 19th</p> <hr/> <p>Special Mother's Day Event in May</p>
<p>Happy Easter 1</p>  <p>8:30 – 12:30 Church Transportation</p>	<p>2</p> <p>9:30 Coffee Talk 10:00 Yoga Class</p> <p>2:00 Devotion w/ Denise 3:00 Piano Music-Jan L. 4:00 Cuddle Buddies</p>	<p>3</p> <p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 12:00 Lunch & Belk Shopping 2:00 Tai Chi 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>4</p> <p>9:30 Coffee Talk 10:00 ALL Shopping 2:00 Community Bingo 3:00 Farkle</p>	<p>5</p> <p>9:30 Coffee Talk 9:45 BP Check 11:30 TLC Luncheon 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room</p>	<p>6</p> <p>9:30 Coffee & Biscuit</p> <p>11:00 Callaway Gardens Picnic & Day Trip Cost-\$20</p>	<p>7</p> <p>10:00 Saturday Brunch w/ Siersma & Stewart (Hospitality Area)</p> <p>3:00 DIY Game Time</p>
<p>8</p> <p>8:30 – 12:30 Church Transportation</p>	<p>9</p> <p>9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 2:00 Reading Room 3:00 Piano Music w/ John Cipolla</p>	<p>10</p> <p>Scheduled Massages</p> <p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>11</p> <p>9:30 Coffee Talk 10:00 ALL Shopping 11:00 "Use Your Noodle" 1:00 Informational Talk w/ Tommy Whitworth 2:00 Community Bingo 3:00 Farkle</p>	<p>12</p> <p>9:30 Coffee Talk 9:45 BP Check 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room 4:45 Dinner Outing Fractured Flamingo</p>	<p>13</p> <p>9:30 Coffee & Biscuit</p> <p>10:30 Cake Decoration w/ Linda</p> <p>2:30 Ventriloquist Ron Lighty</p>	<p>14</p> <p>10:00 Coffee & Snack 3:00 DIY Game Time</p>
<p>15</p> <p>8:30 – 12:30 Church Transportation</p> <p>1:30 Bible Study w/ Jan T</p>	<p>16</p> <p>9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 2:00 Reading Room 3:30 Stories & Songs w/ Dale Allen</p>	<p>17</p> <p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Cookies/Coffee w/ HH 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>18</p> <p>9:30 Coffee Talk 10:00 ALL Shopping 11:00 "Use Your Noodle" 1:15 April Birthday's Celebration 2:00 Community Bingo 3:00 Farkle</p>	<p>19</p> <p>9:30 Coffee Talk 9:45 BP Check 11:15 Merry Makers 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room</p>	<p>20</p> <p>9:30 Coffee & Biscuit</p> <p>Denise & Linda Out of the Building (Training)</p>	<p>21</p> <p>10:00 Coffee & Snack 3:00 DIY Game Time</p> <p>4:00 Devotion & Discussion w/ Denise</p> <p>6:15 Active Life Center 6:30 Moments w/ Mike</p>
<p>22</p> <p>8:30 – 12:30 Church Transportation</p> <p>3:00 (Outing!) Sons of Lafayette</p>	<p>23</p> <p>9:30 Coffee Talk 10:00 Yoga 11:00 Rummikub 2:00 Reading Room</p> <p>30</p> <p>9:30 Coffee Talk 10:00 Yoga 11:00 Rummikub 2:00 Reading Room 3:15 Bible Study w/ Brother Phillips 4:00 Cuddle Buddies</p>	<p>24</p> <p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 4:15 Intercessory Prayer 6:30 Moments w/ Mike 7:00 LaGrange Symphony Orchestra</p>	<p>25</p> <p>9:30 Coffee Talk 10:00 ALL Shopping 11:00 "Use Your Noodle" 2:00 Community Bingo 3:00 Farkle</p>	<p>26</p> <p>9:30 Coffee Talk 9:45 BP Check 10:15 Communion & Bible Study 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room</p>	<p>27</p> <p>9:30 Coffee & Biscuit 10:45 Farkle</p> <p>1:30 Outing! Steak-n-Shake "Shake Social"</p>	<p>28</p> <p>10:00 Coffee & Snack</p> <p>10:45 Outing! LaGrange Boardgame (Library)</p> <p>3:00 DIY Game Time</p>
<p>29</p> <p>8:30 – 12:30 Church Transportation</p>						