






Vernon Woods Retirement Community “Fit For You ®” February 2018 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Activity Contact Info</p> <p>Linda Siersma Life Enrichment Director (706) 812-2802</p> <hr style="width: 50%; margin: 0 auto;"/> <p>Denise Dixon Stewart Life Enrichment Director (706) 298-5551</p>		<p>Love is patient, love is kind. Love does not envy, is not boastful, does not act improperly, is not selfish and does not keep a record of wrongs. Love bears all things, believes all things, hopes all things, endures all things. Love NEVER fails </p>		<p>9:30 Coffee Talk 9:45 BP Check 11:30 TLC Luncheon 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room 7:00 VC Bridge</p>	<p>9:30 Coffee & Biscuit 10:45 Farkle</p> <p style="text-align: center;">2:30 Super Bowl Party</p>	<p>10:00 Coffee & Snack</p> <p>1:00 Grace Abounds</p> <p>3:00 "DIY" Bingo (Bring 4 quarters)</p>
<p>8:30 – 12:30 Church Transportation</p>	<p>9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 2:00 Reading Room- Crazy Love</p> <p>4:00 Cuddle Buddies</p>	<p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 12:00 Lunch & Belk Shopping (Lagrange Mall) 2:00 Tai Chi 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>11:00-5:00 Scheduled Massage Therapy Appointments 9:30 Coffee Talk 10:00 ALL Shopping 2:00 Community Bingo 3:30 Farkle Tournament Begins!!!</p>	<p>11:00-2:00 \$5 Jewelry Sale 9:30 Coffee Talk 9:45 BP Check 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room 7:00 VC Bridge</p>	<p>9:30 Coffee, Biscuit & Special Entertainment by Kelly & Adam 10:45 Farkle 12:00 Captain's Cove Lunch Outing</p>	<p>10:00 Coffee & Snack</p> <p>10:45 LaGrange Boardgame</p> <p>3:00 "DIY" Bingo (Bring 4 quarters)</p> <p>6:30 Moments w/ Mike</p>
<p>8:30 – 12:30 Church Transportation</p> <p style="text-align: center;">1:30 Bible Study w/ Jan T</p>	<p>9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 2:00 Reading Room- Crazy Love 3:30 Stories & Songs w/ Dale Allen</p>	<p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Mardi Gras Party w/ New River Band 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>Valentine's Day 14 9:30 Coffee Talk 10:00 ALL Shopping 12:00 Valentine Luncheon in Hospitality (Must be signed up!) 2:00 Community Bingo 3:30 Farkle 6:30 Team Turnaround</p>	<p>9:30 Coffee Talk 9:45 BP Check 11:15 Merry Makers 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room 7:00 VC Bridge</p>	<p>9:30 Coffee & Biscuit 10:45 Farkle Random Acts of Kindness Outings 1:00-5:00 6:45 Devotion w/ Denise (Quiet Room)</p>	<p>10:00 Coffee & Snack</p> <p>3:00 "DIY" Bingo (Bring 4 quarters)</p>
<p>8:30 – 12:30 Church Transportation</p>	<p>President's Day 19 9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub</p> <p>2:00 Music w/ Mark</p> <p>3:30 Reading Room- Crazy Love</p>	<p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 1:00 Informational Talk about medications w/ Tommy Whitworth 2:00 Tai Chi 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>9:30 Coffee Talk 10:00 ALL Shopping 11:00 "Use Your Noodle"</p> <p>1:15 February Birthday Celebration (By Invitation Only)</p> <p>2:00 Community Bingo 3:30 Farkle</p>	<p>9:30 Coffee Talk 9:45 BP Check 10:15 Communion & Bible Study 2:00 Tai Chi 2:30 Beginner's Fitness 3:30 Reading Room 7:00 VC Bridge</p>	<p>9:30 Coffee & Biscuit 12:30 Unity Baptist Combat Veterans Ministry Luncheon w/ VW Veterans (Conference Room)</p> <p>3:00 Farkle</p>	<p>10:00 Coffee & Snack</p> <p>3:00 "DIY" Bingo (Bring 4 quarters)</p> <p>5:15 Songs That Won The War Dinner-Dance Concert (Veterans & Spouses are Free)</p>
<p>8:30 – 12:30 Church Transportation</p>	<p>9:30 Coffee Talk 10:00 Yoga 11:00 Rummikub 2:00 Reading Room- Crazy Love</p> <p style="text-align: center;">3:30 Dinner Outing! Texas Road House</p>	<p>9:30 Coffee Talk 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Cookies & Coffee w/ Home Helpers 4:15 Intercessory Prayer 6:30 Moments w/ Mike</p>	<p>9:30 Coffee Talk 10:00 ALL Shopping 11:00 "Use Your Noodle" 2:00 Community Bingo 3:30 Farkle</p>	<p>All Exercise is held on Vernon Terrace 2nd Floor</p> <hr style="width: 50%; margin: 0 auto;"/> <p>Reading Room is held in the VC Quiet Room</p>	<p>Intercessory Prayer Tuesdays @ 4:15 Peace Chapel (across from # 217) VC 2nd Floor</p> <div style="text-align: center;">  </div>	<div style="text-align: center;">  </div> <p>Farkle Tournament begins on February 7th</p>