









Vernon Woods Retirement Community “Fit For You ®” Calendar/December 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Activity Contact Info (Team: Siersma & Stewart)</p> <p>Linda Siersma Life Enrichment Director (706) 812-2802</p> <hr/> <p>Denise Dixon Stewart Life Enrichment Director (706) 298-5551</p>			1	2
3	4	5	6	7	8	9
8:30 – 12:30 Church Transportation	9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 3:00 Piano Music w/ Jan Layton	9:30 Coffee & Snack 10:00 Strong for Life Exercise 11:00 Terrace Bingo 1:00 Library Information 2:00 Tai Chi 3:00-5:00 Belk Shopping/Senior Day 6:30 Moments w/ Mike	9:30 Coffee Talk 10:00 ALL Shopping 11:00 “Use Your Noodle” 2:00 Community Bingo 3:30 Reading Room	9:30 Coffee Talk 10:00 BP Check 10:15 Communion 11:30 TLC Luncheon 2:00 Tai Chi 2:30 Beginner’s Fitness 3:00 Stories & Carols w/ Dale Allen 7:00 VC Bridge	9:30 Coffee & Biscuit 9:45 Music w/ Richard Dupont 12:30 Christmas Café 3:30 Farkle (Game)	10:00 Coffee & Snack 2:00 Intercessory Prayer (Peace Chapel) 3:00 “DIY” Bingo (Bring 4 quarters) 6:30 Moments w/ Mike
10	11	12	13	14	15	16
<u>Nativity Festival Begins</u> 8:30 – 12:30 Church Transportation 1:30 Bible Study w/ Jan T	9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 2:00 Bible Study- Marsha 3:00 Piano Music w/ John Cipolla 4:00 Cuddle Buddies	9:30 Coffee & Snack 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 3:00 Craft Time w/ Tracy Holcomb 6:30 Moments w/ Mike 7:00 LSO Outing	9-12 VW Staff Craft & Bake Sale 9:30 Coffee Talk 10:00 ALL Shopping 2:00 Community Bingo 3:00 Music w/ Elise Barnett & Bryce Mixon 6:15 Yahtzee	9:30 Coffee Talk 10:00 LCMS Caroling 10:00 BP Check 11:00 Game Time 1:30 LG College Christmas Caroling 2:00 Tai Chi 2:30 Beginner’s Fitness 7:00 VC Bridge	9:30 Coffee & Biscuit 10:30 Christmas Craft w/ Susan DeLesdernier 2:00 Music w/ Gail & Donny Douglas 3:30 Farkle (Game)	10:00 Coffee & Snack 2:00 Intercessory Prayer (Peace Chapel) 3:00 “DIY” Bingo (Bring 4 quarters) 6:15 (Outing) Saturday Night Dance
17	18	19	20	21	22	23
8:30 – 12:30 Church Transportation	9:30 Coffee Talk 10:00 Yoga Class 11:00 Rummikub 4:00 Christmas Outing! Cracker Barrel & Light-looking	9:30 Coffee & Snack 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 6:30 Moments w/ Mike	9:30 Coffee Talk 10:00 ALL Shopping 11:00 “Use Your Noodle” 2:00 Community Bingo 3:30 Reading Room 6:30 Kovenant Kids Song & Drama Group of Turnaround	9:30 Coffee Talk 10:00 BP Check 11:15 Merry Makers 2:00 Tai Chi 2:30 Beginner’s Fitness 7:00 VC Bridge	9:30 Coffee & Biscuit 1:30 December B-day Celebration! 3:30 Farkle (Game) 6:30 Resident Christmas Program	10:00 Coffee & Snack 2:00 Intercessory Prayer (Peace Chapel) 3:00 “DIY” Bingo (Bring 4 quarters) 6:30 Moments w/ Mike
24	25	26	27	28	29	30
Christmas Eve! 8:30 – 12:30 Church Transportation Leave Time- TBA Christmas Eve Service @ Clearview Chapel	Merry Christmas! 9:30 Coffee Talk 	9:30 Coffee & Snack 10:00 Strong for Life Exercise 11:00 Terrace Bingo 2:00 Tai Chi 6:30 Moments w/ Mike	9:30 Coffee Talk 10:00 ALL Shopping 11:00 “Use Your Noodle” 2:00 Community Bingo 3:30 Reading Room	9:30 Coffee Talk 2:00 Tai Chi 2:30 Beginner’s Fitness 7:00 VC Bridge	9:30 Coffee & Biscuit 1:30 Amazing But True Stories 3:30 Farkle (Game)	10:00 Coffee & Snack 2:00 Intercessory Prayer (Peace Chapel) 3:00 “DIY” Bingo (Bring 4 quarters)
31		Nativities will be on display in Vernon Crest December 10th – 31st. 9-5 daily			The close of 2017 births the beginning of 2018 – A new beginning & new possibilities. 2018, we look forward to the new & improved!	