

January 2012 Menu

Menu approved by Vernon Woods Food Service Committee

Sun	Mon	Tues	Wed	Thu	Fri	Sat
NEW YEARS DAY 1 SUNDAY NOON BUFFET Tossed/Congeaed Salad Baked Chicken w/Chicken Gravy, Meatloaf, Collard Greens, Hopping John, Black-eyed Peas, Steamed Zucchini, Mashed Potatoes, Asst. Breads & Desserts	2 Veg/Cheese Soup, Pears w/ Cottage Cheese/Tossed Salad, Beef Tips, Veal Parmesan over Pasta, Lima Beans, Beets, Mixed Vegetables, Brown Rice, Egg Custard Pie	3 Veg/French Onion Soup, Congeaed/Tossed Salad, Chicken Florentine, Beef Stew, Sautéed Zucchini, Broccoli Casserole, Malibu Vegetables, Baked Sweet Potatoes, Banana Pudding	4 Veg/Potato & Bacon Soup, Congeaed/Tossed Salad, Pork Chops w/Onion Sauce, Fried/Baked Chicken, Squash Casserole, Field Peas, Steamed Carrots, Baked Potato, Peach Cobbler	5 Veg/Navy Bean Soup, Carrot & Raisin/Tossed Salad, Meatloaf, Liver & Onions, Green Cabbage, Black-eyed Peas, White Shoe Peg Corn, Mashed Turnips, Pecan Pie	6 Veg/Chicken Soup, Coleslaw/Tossed Salad, Shrimp Scampi, Cubed Steak, Squash & Carrots, Broccoli & Cauliflower Mix, Asparagus, Rice Pilaf, Boston Cream Pie	7 Veg/Cream of Broccoli Soup, Congeaed/Tossed Salad, Pork Marsala, Anniversary Chicken, Sautéed Spinach, Broiled Tomatoes, Mashed Butternut Squash, Roasted Potatoes, Lemon Ice Box Pie
8 SUNDAY NOON BUFFET Fruit/Tossed Salad, Turkey & Dressing w/Cranb. Sauce, Flank Steak, Green Beans, Malibu Vegetables, Steamed Asparagus, Mashed Potatoes, Assorted Breads & Desserts	9 Veg/Beef Barley Soup, Carrot & Raisin/Tossed Salad, Baked Pork Chops, Fried/Lemon Baked Catfish, Crowder Peas, Cabbage, Squash Medley, Sweet Potato Fries, Carrot Cake	10 Veg/Chicken Noodle Soup, Congeaed/Caesar Salad, Vegetable Lasagna, Cubed Steak, Steamed Carrots, Fried Okra, Shoe Peg Corn, Herb Rice, Apple Turnovers	11 Veg/Cauliflower & Cheese Soup, Tomato Aspic/Tossed Salad, Meatloaf, Baked/Fried Chicken, Field Peas, Glazed Beets, Green Beans, Macaroni & Cheese, Peach Pie	12 Veg/Potato Soup, Peaches w/Cottage Cheese/Tossed Salad, Beef Stroganoff, Stuffed Tilapia, Zucchini & Carrots, Creamed Spinach, Yellow Corn, Egg Noodles, Banana Pudding	13 Veg/Mushroom Soup, Congeaed/Tossed Salad, Stuffed Cabbage, Pork Marsala, Steamed Broccoli, Yellow Squash w/Red Onions, Pinto Beans, Scalloped Potatoes, Key Lime Pie	14 Veg/Cream of Broccoli Soup, Spinach/Tossed Salad, Whole Wheat Spaghetti w/Meat Sauce, Chicken Curry, Carrot Soufflé, Broiled Tomatoes, Mixed Vegetables, Rice w/Brown Gravy, Cheesecake
15 SUNDAY NOON BUFFET Fruit/Tossed Salad, Chicken Marsala, Prime Rib, Malibu Vegetables, Green Peas, Steamed Cauliflower, Mashed Potatoes, Assorted Breads & Desserts	16 Veg/Beef & Potato Soup, Coleslaw/Tossed Salad, Ham Steak, Fried/Baked Chicken, Pinto Beans, Steamed Broccoli, Squash Casserole, Scalloped Potatoes, Lemon Ice Box Pie	17 Veg/Mushroom Soup, Broccoli/Tossed Salad, Chicken & Rice Casserole, Beef Stew, Field Peas, Beets, Creamed Spinach, Roasted Potatoes, Egg Custard Pie	18 Veg/Potato Soup, Chef/Congeaed Salad, Beef Tenderloin, Stuffed Bell Peppers, Green Beans, Brussels Sprouts, Steamed Carrots, Rice & Tomatoes, Banana Pudding	19 Veg/Tomato Soup, Tossed/Shrimp Salad, Fried/Baked Chicken, Meatloaf, Turnip Greens, Green Beans, Yellow Corn, Mashed Potatoes, Red Velvet Cake	20 Veg Soup/Shrimp Bisque, Tomato Aspic/Tossed Salad, Beef Pot Pie, Vegetable Lasagna, Asparagus, Butter Beans, Zucchini & Carrots, Sweet Potato Fries, French Silk Pie	21 Veg/Cream of Broccoli Soup, Carrot & Raisin/Tossed Salad, Baked Pork Chop, Shrimp Scampi over Wheat Pasta, Green Peas, Stewed Tomatoes w/Okra, Steamed Cauliflower, Scalloped Potatoes, Strawberry Cream Pie
22 SUNDAY NOON BUFFET Garden/Spinach Salad, Glazed Ham, Herb Roasted Hen, Green Beans Almandine, Asparagus, Orange Glazed Carrots, Mashed Potatoes, Assorted Breads & Desserts	23 Veg/Beef & Potato Soup, Congeaed/Tossed Salad, Chicken & Dumplings, Pork Chops w/Apples & Onions, Green Peas, Steamed Cauliflower, Squash Casserole, Mashed Potatoes, Sweet Potato Pie	24 Veg/Cream of Broccoli Soup, Coleslaw/Tossed Salad, Fried/Baked Tilapia, Pulled BBQ Pork, Baked Beans, Green Beans, Sautéed Asparagus, French Fries, Brownies	25 Veg/Chicken Noodle Soup, Caesar/Chef Salad, Roast Beef, Veal Parmesan, Yellow Corn, Mixed Vegetables, Zucchini & Red Peppers, Scalloped Potatoes, Strawberry Shortcake	26 Veg/Potato Soup, Tomato Aspic/Tossed Salad, Pork Loin, Fried/Grilled Shrimp, Broccoli Casserole, Green Peas, Malibu Vegetables, Rice Pilaf, Lemon Cake	27 Veg/Tomato Soup, Congeaed/Tossed Salad, Cubed Steak, Fried/Baked Chicken, Baked Butternut Squash, Collard Greens, Cabbage, Macaroni & Cheese, Pecan Pie	28 Veg Soup/Corn Chowder, Tossed/Mushroom Salad, Liver & Onions, Lamb Chops, Green Beans, Sautéed Squash, Pinto Beans, Baked Sweet Potato, Cheesecake w/ Strawberries
29 SUNDAY NOON BUFFET Tomato & Cucumber/Tossed Salad, Herb Roasted Hen, Sliced Pork Loin, Green Bean Casserole, Roasted Carrots, Acorn Squash, Scalloped Potatoes, Assorted Breads & Desserts	30 Veg/Cheese Soup, Pears w/ Cottage Cheese/Tossed Salad, Beef Tips, Veal Parmesan over Pasta, Lima Beans, Beets, Mixed Vegetables, Brown Rice, Egg Custard Pie	31 Veg/French Onion Soup, Congeaed/Tossed Salad, Chicken Florentine, Beef Stew, Sautéed Zucchini, Broccoli Casserole, Malibu Vegetables, Baked Sweet Potatoes, Banana Pudding				