

February 2012 Menu

Menu approved by Vernon Woods Food Service Committee

Sun	Mon	Tues	Wed	Thu	Fri	Sat
			<p>1 Veg/Potato & Bacon Soup, Congealed/Tossed Salad, Pork Chops w/Onion Sauce, Fried/Baked Chicken, Squash Casserole, Field Peas, Steamed Carrots, Baked Potato, Peach Cobbler</p>	<p>2 Veg/Navy Bean Soup, Carrot & Raisin/Tossed Salad, Meatloaf, Liver & Onions, Green Cabbage, Black-eyed Peas, White Shoe Peg Corn, Mashed Turnips, Pecan Pie</p>	<p>3 Veg/Chicken Soup, Coleslaw/Tossed Salad, Shrimp Scampi, Cubed Steak, Squash & Carrots, Broccoli & Cauliflower Mix, Asparagus, Rice Pilaf, Boston Cream Pie</p>	<p>4 Veg/Cream of Broccoli Soup, Congealed/Tossed Salad, Pork Marsala, Anniversary Chicken, Sautéed Spinach, Broiled Tomatoes, Mashed Butternut Squash, Roasted Potatoes, Lemon Ice Box Pie</p>
<p>5 SUNDAY NOON BUFFET Fruit/Tossed Salad, Turkey & Dressing w/Cranb. Sauce, Flank Steak, Green Beans, Malibu Vegetables, Steamed Asparagus, Mashed Potatoes, Assorted Breads & Desserts</p>	<p>6 Veg/Beef Barley Soup, Carrot & Raisin/Tossed Salad, Baked Pork Chops, Fried/Lemon Baked Catfish, Crowder Peas, Cabbage, Squash Medley, Sweet Potato Fries, Carrot Cake</p>	<p>7 Veg/Chicken Noodle Soup, Congealed/Caesar Salad, Vegetable Lasagna, Cubed Steak, Steamed Carrots, Fried Okra, Shoe Peg Corn, Herb Rice, Apple Turnovers</p>	<p>8 Veg/Cauliflower & Cheese Soup, Tomato Aspic/Tossed Salad, Meatloaf, Baked/Fried Chicken, Field Peas, Glazed Beets, Green Beans, Macaroni & Cheese, Peach Pie</p>	<p>9 Veg/Potato Soup, Peaches w/Cottage Cheese/Tossed Salad, Beef Stroganoff, Stuffed Tilapia, Zucchini & Carrots, Creamed Spinach, Yellow Corn, Egg Noodles, Banana Pudding</p>	<p>10 Veg/Mushroom Soup, Congealed/Tossed Salad, Stuffed Cabbage, Pork Marsala, Steamed Broccoli, Yellow Squash w/Red Onions, Pinto Beans, Scalloped Potatoes, Key Lime Pie</p>	<p>11 Veg/Cream of Broccoli Soup, Spinach/Tossed Salad, Whole Wheat Spaghetti w/Meat Sauce, Chicken Curry, Carrot Soufflé, Broiled Tomatoes, Mixed Vegetables, Rice w/Brown Gravy, Cheesecake</p>
<p>12 SUNDAY NOON BUFFET Fruit/Tossed Salad, Chicken Marsala, Prime Rib, Malibu Vegetables, Green Peas, Steamed Cauliflower, Mashed Potatoes, Assorted Breads & Desserts</p>	<p>13 Veg/Beef & Potato Soup, Coleslaw/Tossed Salad, Ham Steak, Fried/Baked Chicken, Pinto Beans, Steamed Broccoli, Squash Casserole, Scalloped Potatoes, Lemon Ice Box Pie</p>	<p>14 VALENTINE'S DAY Veg/Potato Soup, Tossed/Spinach Salad, Grilled Filet, Grilled Shrimp, Asparagus w/Roasted Peppers, Tower Potatoes, White/Wheat Rolls, Chocolate Heart Cakes</p>	<p>15 Veg/Potato Soup, Chef/Congealed Salad, Beef Tenderloin, Stuffed Bell Peppers, Green Beans, Brussels Sprouts, Steamed Carrots, Rice & Tomatoes, Banana Pudding</p>	<p>16 Veg/Tomato Soup, Tossed/Shrimp Salad, Fried/Baked Chicken, Meatloaf, Turnip Greens, Green Beans, Yellow Corn, Mashed Potatoes, Red Velvet Cake</p>	<p>17 Veg Soup/Shrimp Bisque, Tomato Aspic/Tossed Salad, Beef Pot Pie, Vegetable Lasagna, Asparagus, Butter Beans, Zucchini & Carrots, Sweet Potato Fries, French Silk Pie</p>	<p>18 Veg/Cream of Broccoli Soup, Carrot & Raisin/Tossed Salad, Baked Pork Chop, Shrimp Scampi over Wheat Pasta, Green Peas, Stewed Tomatoes w/Okra, Steamed Cauliflower, Scalloped Potatoes, Strawberry Cream Pie</p>
<p>19 SUNDAY NOON BUFFET Garden/Spinach Salad, Glazed Ham, Herb Roasted Hen, Green Beans Almandine, Asparagus, Orange Glazed Carrots, Mashed Potatoes, Assorted Breads & Desserts</p>	<p>20 Veg/Beef & Potato Soup, Congealed/Tossed Salad, Chicken & Dumplings, Pork Chops w/Apples & Onions, Green Peas, Steamed Cauliflower, Squash Casserole, Mashed Potatoes, Sweet Potato Pie</p>	<p>21 Veg/Cream of Broccoli Soup, Coleslaw/Tossed Salad, Fried/Baked Tilapia, Pulled BBQ Pork, Baked Beans, Green Beans, Sautéed Asparagus, French Fries, Brownies</p>	<p>22 Veg/Chicken Noodle Soup, Caesar/Chef Salad, Roast Beef, Veal Parmesan, Pulled Corn, Mixed Vegetables, Zucchini & Red Peppers, Scalloped Potatoes, Strawberry Shortcake</p>	<p>23 Veg/Potato Soup, Tomato Aspic/Tossed Salad, Pork Loin, Fried/Grilled Shrimp, Broccoli Casserole, Green Peas, Malibu Vegetables, Rice Pilaf, Lemon Cake</p>	<p>24 Veg/Tomato Soup, Congealed/Tossed Salad, Cubed Steak, Fried/Baked Chicken, Baked Butternut Squash, Collard Greens, Cabbage, Macaroni & Cheese, Pecan Pie</p>	<p>25 Veg Soup/Corn Chowder, Tossed/Mushroom Salad, Liver & Onions, Lamb Chops, Green Beans, Sautéed Squash, Pinto Beans, Baked Sweet Potato, Cheesecake w/ Strawberries</p>
<p>26 SUNDAY NOON BUFFET Tomato & Cucumber/Tossed Salad, Herb Roasted Hen, Sliced Pork Loin, Green Bean Casserole, Roasted Carrots, Acorn Squash, Scalloped Potatoes, Assorted Breads & Desserts</p>	<p>27 Veg/Cheese Soup, Pears w/ Cottage Cheese/Tossed Salad, Beef Tips, Veal Parmesan over Pasta, Lima Beans, Beets, Mixed Vegetables, Brown Rice, Egg Custard Pie</p>	<p>28 Veg/French Onion Soup, Congealed/Tossed Salad, Chicken Florentine, Beef Stew, Sautéed Zucchini, Broccoli Casserole, Malibu Vegetables, Baked Sweet Potatoes, Banana Pudding</p>	<p>29 Veg/Potato & Bacon Soup, Congealed/Tossed Salad, Pork Chops w/Onion Sauce, Fried/Baked Chicken, Squash Casserole, Field Peas, Steamed Carrots, Baked Potato, Peach Cobbler</p>			